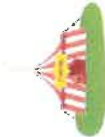




LUNCH WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN EVENT	Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers	Mild Chicken Curry with Whole Grain Rice	Sausages with Mashed Potatoes and Gravy	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Fish Fingers or Salmon Fingers with Chips
 MEAT-FREE MAGIC Vegetarian Dish	Sweet Chilli Vegetable Stir Fry with Whole Grain Rice	Cheesy Broccoli Pasta Bake	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice	Pizza Margherita with Chips
 RAINBOW ALLEY Vegetables and Salads	Mixed Salad	Green Beans	Broccoli	Peas	Baked Beans
 PASTA TWIRLER Topped Pasta				<i>Daily salad bowl and freshly baked bread available every day</i>	
 BIG TOPPING Filled Jacket				Hot Pasta topped with Homemade Tomato Sauce	
 DESSERT TROLLEY Pudding	Toffee Sponge and Custard	Jelly & Fruit Slices	Tropical Pineapple Crumble and Custard	Orange Cookie	Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day

FOOD FESTIVAL

By Aspens

Autumn/Winter 2023/2024:
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

LUNCH WEEK 2 MENU

MONDAY

Toad in the Hole
Oven Baked Wedges

TUESDAY

Chicken Fajita
Wholegrain Rice

WEDNESDAY

Minced Beef and
Onion Pie with Mash

THURSDAY

Chicken
Chow Mein
(Noodles)

FRIDAY

Golden Fish
Fingers
with Chips

MAIN EVENT



MEAT-FREE MAGIC
Vegetarian Dish



RAINBOW ALLEY
Vegetables and Salads



PASTA TWIRLER
Topped Pasta



BIG TOPPING
Filled Jacket



DESSERT TROLLEY
Pudding



Cauliflower Cheese
Oven Baked Wedges

Green Beans

Veggie Nachos with
Cheese
Wholegrain Rice

Green Salad

Super Veggie Pie
Vegetable, Lentil and
Onion Pie with Mash

Carrots

Mexican Bean Wrap
with Whole Grain
Rice

Sweetcorn

Cheesy Sweetcorn
Pizza
with Chips

Baked Beans

Hot Pasta topped with Homemade Tomato Sauce

Daily salad bowl and freshly baked bread available every day

Crispy Skin Jacket Potatoes
with Cheese or Beans

Banana Sponge
Cake and Custard

Jammy Crumble
Bars

Apple Crumble and
Custard

Orange
Jelly

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day

FOOD FESTIVAL

By Aspens

Autumn/Winter 2023/2024:
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02

LUNCH WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN EVENT	BBQ Chicken with Baked Potato Wedges	Tomato & Roasted Vegetable Pasta Bake	Roast Gammon with Roast Potatoes and Gravy	Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges	Golden Fish Fingers with Chips
 MEAT-FREE MAGIC Vegetarian Dish	Vegetarian Shepherd's Pie	Mixed Vegetable Korma with Whole Grain Rice	Baked Mac n Cheese	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Vegetable Fingers with Chips
 RAINBOW ALLEY Vegetables and Salads	Green Beans	Broccoli	Carrots	Peas	Baked Beans
 PASTA TWIRLER Topped Pasta			<i>Daily salad bowl and freshly baked bread available every day</i>		
 BIG TOPPING Filled Jacket			Hot Pasta topped with Homemade Tomato Sauce		
 DESSERT TROLLEY Pudding	Watermelon Wedge	Chocolate Crunch and Custard	Oaty Apple Crunch Slice	Strawberry Jelly	Vanilla Ice Cream
			Crispy Skin Jacket Potatoes with Cheese or Beans		
			<i>Cut fruit, yoghurt and jelly available every day</i>		